



Youth Project

Making Music, Changing Lives

Registered Charity No. 1205758



Town Council Report

Q3 | 2026

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DELIVERY & PROVISION

Approximately **470** individual young people have been engaged with through open access sessions, young women's music making sessions, well-being group sessions, counselling, daytime referral sessions, recording sessions, and outreach sessions. All young people engaged with have received or are currently receiving individual or group support..

Of these, approximately **120** young people have measurable distance travelled. By this we mean that they have progressed positively over the period and shown real change.



Open Access Sessions

Total open sessions run: 28

Senior Sessions

22

During these sessions young people can receive music lessons in guitar, bass, drums, keyboard, vocals, live sound and music technology. They can also access lessons in stage lighting, rehearsal spaces, perform on stage, take part in single issue programmes, have youth worker support or counselling, volunteer, socialise and take part in our development group.



Junior Sessions

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Alongside the activities offered in senior sessions, members can also take part in open mic on stage and art workshops. Young people from senior sessions can volunteer to help run this session.

Targeted Access Sessions

Total targeted sessions run: 23

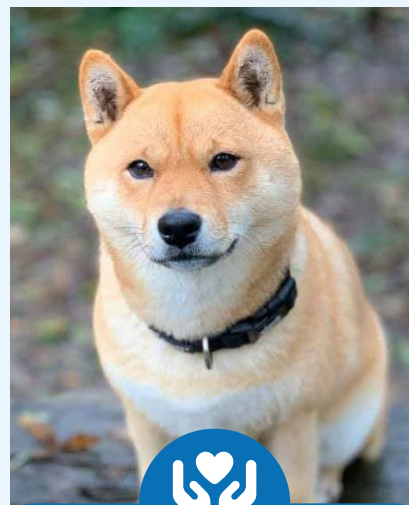


Young Woman's Group Sessions

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During these sessions young women are encouraged to come along and make music with three female musicians; delivery is otherwise identical to our open-access senior sessions. These

sessions are run by a JNC qualified youth worker and supported by one of our counsellors, meaning young women can access youth work and/or mental health support during session time. The importance of these female only sessions is to give young women an opportunity to explore the world through music in a safe and supported environment. Occasionally they will work on a specific topic, most recently around domestic violence and violence against women, this involved discussions and writing and recording some music based around the topic.



Wellbeing Group Sessions

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These sessions are designed to cater to young people that might be too anxious for open access sessions. They are quieter due to a maximum of eight attendees, creating a calmer space for these individuals. Young people attending these sessions can access the art workshops, support with a counsellor or JNC qualified youth worker, make music with a musician, or engage with Akira the therapy dog, who is brought along by our wellbeing volunteer.



Saturday Recording Sessions

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On Saturdays, young people can engage with our lead musician to record and mix their music. These sessions grant many young people access to music recording opportunities they may otherwise not have due to barriers in their life.

Detached & Outreach Sessions

Detached and outreach sessions delivered: 10 (8 official and 2 equivalents during open access sessions)

Across the summer period, Livewire carried out an outreach project in collaboration with Devon & Cornwall police, hoping to make new positive connections with young people and create positive lasting impact at the Waterside and the wider Saltash area.

Throughout the programme we connected with numerous young people, with particular impact being made on six individuals whose relationships with the police and local community were strained due to significant antisocial behaviour.

Livewire's two outreach workers were able to help build bridges between these young people and the local police force through building relationships and creating opportunities for positive discussions with police around the issues which affected them. Their good behaviour and willingness to engage was rewarded with a sea fishing trip with the youth workers and PCSO Sarah and Police Officer Pip!

On this trip the young people were given opportunities to understand the impact of their behaviour whilst also being shown that adults and professionals were willing to listen and support them. They made a real positive impression on the trip, described by members of the public as *"the most polite and kind young boys we have ever had the pleasure of hanging around with"*.

There have also been noticeable improvements in the young people's behaviour within the local area.

We have also been carrying out a significant amount of outreach work during our open access sessions, which is a natural result of our location and the number of young people who come to enjoy the Waterside in the summer months. Through this work we have helped maintain a positive environment on the Waterside and connect with young people we wouldn't ordinarily meet. Conversations about positive community relationships, safety around swimming in the Tamar, the impacts of antisocial behaviour have taken place with all these young people. We have also managed to get some of these young people to come inside and play games of pool, get involved in our music, and make new connections with other young people outside of their usual social circles.

Overall, the outreach programme has shown that negativity is not always the best tool for helping young people change. Positive relationships, consistent communication and meaningful opportunities can encourage better choices, improve attitudes towards ASB and strengthen relationships organisations. This partnership work also highlights the value of outreach work, and continued investments into similar projects would create further opportunities to build on these successes and support lasting positive change!



Single Issue Programmes

Single issue programmes delivered: 4

Violence against women and girls has been one topic; mental health, positive relationships, anger management.



ENGAGEMENT & SUPPORT

Education, Employment & Training

Young people supported in getting into employment in this period: 4

Young people supported in going back to school: 2

Young people supported in starting college during this period: 0



Our **job club** has been operating for a few months with an encouraging level of success for the young people we have worked with. Attendees have been helped building new CV's, contacting employers and gaining a better understanding about how their skills can be best used in the workplace.

This period we have had **48** referrals to Livewire's services from the following sources:



These young people have been referred for counselling, daytime youth work support, daytime music provision and access to our open access sessions.

Saltash Community School Support

Livewire provides two workers on a Monday and two on a Friday for 2-hour sessions. One hour is a drop in for students who can just turn up and chat or seek advice and the other hour is one-to-one support for individual young people who are struggling. These sessions are well attended and help us make new connections with young people who don't yet use our services.

VOLUNTEERING & DEVELOPMENT

Volunteers

380 volunteer support worker hours have taken place in this period.

Development Group

Currently Livewire's development group is focusing on gathering feedback from our members to identify areas which need attention, expansion or further development. We are expecting music to be the highlight area and are looking forward to implementing positive changes which will create lasting impact for the young people who make use of these provisions.

Match Funding

Match funding secured in this quarter includes **£3,000** from the Boardmasters Foundation and **£20,000** from Pete Townshend toward our Youth Work Apprentice.

News & Developments

Livewire is currently in the process of seeking funding to turn our ground floor counselling room into a **sensory room** and to completely refurbish the downstairs **café area**, making it look fresh and tidy but also safe and friendly for neurodiverse young people.

Livewire will also be running an **inclusion project at Saltash Community School**, starting at the end of September, the purpose of which is to support students at risk of exclusion and help them with strategies to enable them to remain in school, these will run in six-week blocks.



Livewire's Crew provision has already been a hugely successful project in the short time we have run it, with our internal events providing real-world training opportunities for the practical skills required for this type of work. Our four crew members were fortunate enough to attend Boardmasters Festival and Morvala Festival of arts as volunteer backstage crew.

The crew chiefs from these events had only positive things to say, with Crew Chief Keith from Morvala being particularly impressed with the work ethic and professional standards the young people brought. We intend to steadily build our numbers for this provision using our internal events as training for next year's festival circuit.



We were excited to expand our involvement for this year's **Saltash Regatta** with an outside stage for solo artists as well as our usual live bands on our indoor stage. The public happily accepted this new development, particularly those outside enjoying a cold pint in the heat! All our performers did a fantastic job, and we can't wait to do it all again next year.

Case Study

Earlier this year we were introduced to a young person who wanted to start attending senior sessions to help combat issues with anxiety, socialising and self-esteem. This young person's home life was difficult due to a very hectic environment, and they struggled throughout school to make friends. Their passion for music was also a factor in wanting to give Livewire a go, with the hope of forming a band and making some friends through this shared interest.

Over the months of this year we have worked with this young person, talking about anxiety and coping mechanisms whilst simultaneously encouraging them to make new connections with other young people to overcome their feelings of isolation and low self-esteem. We also encouraged them to begin taking part on solo stage performances on a Monday night, which took time but eventually became one of their favourite parts of coming down!

Eventually our attempts to make new connections for this young person led to them finding a small group of musicians who also enjoyed the same kinds of music. We encouraged them to form a band which, to our delight, came together very quickly, with the young person stepping up to the role of drummer!

Today this young person is almost unrecognisable to the one we were introduced to all that time ago. They are confident, outgoing, assertive and willing to jump into new things despite fears or apprehensions. Their mantra, so they tell us, is:

"If I'm feeling scared of something, I just want to do it even more! Everything I like about life at the moment has come from doing the same thing."

We couldn't be prouder of this young person and all others that take part in our work.

Livewire Youth Project would like to thank Saltash Town Council for its support in the delivery of essential youth services and look forward to sharing more positive news in future reports.



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